

# MOUNT ERIN COLLEGE

**NEWSLETTER**  
# 5 – 12<sup>TH</sup> JUNE 2018

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## PRINCIPAL'S REPORT

I am very pleased to update the school community on the **redesigned building project**. With the addition of \$1.8 million in the State Budget this year, not only will we get our competition sized gymnasium, but also two purpose built classrooms to support best practice teaching to improve sporting performance. Our current toilets and change rooms will be upgraded. The new building will incorporate an entrance way and will link the weights and conditioning room into the complex. This great new building will look out to the purpose built hockey field. This will enable a year round surface for our sporting program and all our students will benefit from that. Both facilities will be able to be accessed by the community. This will see the hockey field in use most afternoons and evenings through the week. A timeline for the completion of the project will be completed shortly and I will keep you all informed of progress on this exciting project.



I want to **congratulate our choir 'Take Note'** who performed at the Mornington Peninsula Choral Festival held last week at Toorak College. Our students did very well and should be very proud of their efforts. Well done to

teachers Maggie Doyle and Mary Whelan who have worked so closely with the students.

Congratulations also to Olivia B who was the successful applicant for a place in the **Magic Moments Program**, the Bendigo Bank sponsored Youth Summit. This outstanding program supports student leadership development and pays for a student from Mount Erin College to travel to Sydney to work with students from across the country during the upcoming school holidays. Well done to all students who applied and went through the interview process last week.

The end of Semester One is almost upon us and it is a **great opportunity to reflect** on the work that has been undertaken by students and staff from the beginning of the year. As a school we have committed to work closely with each student to ensure they understand where they are at in terms of their learning and work in each subject area, and what they need to do to continue to improve their skills. The staff have focused on giving direct, timely and continuous feedback to each

student they teach. This has been a dramatic shift away from the traditional end of semester reports that used to occur. Students and parents are now able to look at their progress in real time, as the work is being completed, via Compass. As a school we undertake to offer parents, workshops to build their understanding and skills in the use of Compass. We know the research is very clear that when school and families work closely together, the outcomes for students are greatly improved. If you would like to participate in one of these sessions conducted to assist you with accessing your son/daughter's program here at school, please contact Sam Webster or Jenny Pudney. Both Sam and Jenny are Leading Teachers at the school and they will work with parents to support them, particularly with matters related to the use of technology. We understand that for some parents the use of technology can be very challenging and some do not feel comfortable with the whole process. I assure you, we are more than willing to help you with this.

The last week of May saw **Indonesian Week** at the school and a great celebration of all aspects of Indonesian culture was on display. There was dance and music, martial arts demonstrations, a magnificent Indonesian food day and lots of terrific language work with students throughout the week. The Indonesian staff organised and planned so many activities for every day. Congratulations to our great Indonesian teachers who made sure there were many authentic opportunities for students to practice their skills in Indonesian and have some fun.



I would like to congratulate all the Year 10 and 11 students who are undertaking their **mid-year exams** this week. This can be quite a stressful experience for some students as it is the first time they have been through a formal exam process. These exams mirror the VCE exams they will face in coming

years and provide students with valuable experience and feedback from their teachers. The skills required for exams are quite different from the day-to-day work requirements. Students need to summarise, synthesize, note-take, plan, and practice and commit lots of detail to memory. This requires students to dedicate time to study for each of their subjects. Our expectation is that students approach the exams in a very dedicated and serious manner and come well prepared to each session. We wish our senior students well.

As our senior school students complete their Unit 1 (Y11) and Unit 3 (Y12) studies, it is timely to remind students of the need to **develop a consistent homework routine**. To be successful in their studies, students should be doing a minimum of 2 hours per night in Year 11 and 3 hours in Year 12. It is extremely difficult to complete all the course requirements to a high standard without this commitment. I remind parents that the senior school has a study area where students can work and study each day after school. Students are encouraged to develop study groups where they can work together. This has proven to be a highly effective way to revise, review and complete coursework.

This week will also see the start of the Year 9 into 10 and Year 10 into 11 **course counselling** process. Every student has been allocated a time to meet with staff members who can assist them to link their subject choices to their pathways interests. It is a very valuable conversation between students, parents and staff – all focused on what will be the best options for each individual. The process has already begun by the completion of the Webchoice forms indicating subject preferences. This gives us a clear view of student interest and enables us to determine which subjects will go ahead in 2019 and which subjects did not get sufficient student interest to run. After this is put into the computer program, the subject blocks are created and students' choices will be finalised. During the Course counselling process, students will finalise their subject selections and parents will then be notified of the final course confirmation for 2019. I thank all the staff members who will run very long sessions from 9:00am until 6:30pm to ensure every student has the support to make informed decisions about their program for 2019.

Next week will be the start of **Semester Two** and for some students there will be some changes in their timetable. New electives get underway and some staffing changes have been made. Ms Dwyer will be on well-deserved long service leave next term and we wish her well.

I am very heartened to hear the references to building a **'growth mindset'** being used around the school in conversations with students about their learning. The critical difference with this shift in language is that student performance is considered in light of their skills and capacities at a given time. It is not about pass and fail. It is about understanding that there is a learning continuum and all students are at different points along it. A growth mindset

fosters the belief that all students are capable of learning and will progress given support and a clear understanding of what they need to improve. It is a very positive way to view learning and schooling. You will hear teachers talk of learning growth. Our aim is that for every year of school, students will progress at least one year in their learning. We want to see high growth from every student. For those who struggle, making one year's growth is a great achievement. For those who are academically very able, they need to be challenged to make high levels of growth, not be content that they are ahead of others in their year level, but working at their potential and capacity.

One of the essential requirements for achieving student potential and maintaining high growth is attendance. Too many students are still missing too many days off school. This learning is often not repeated and we find as students' progress through school their knowledge gaps widen and this has significant impacts on their confidence and performance.

### **EVERY DAY MATTERS**

There are too many students arriving late each day and missing valuable learning time. **SCHOOL STARTS AT 8.30AM**. I urge parents to support the attendance expectations and maximise the learning for their sons and daughters.

I look forward to semester two getting underway in the last two weeks of term. It is always a highlight when new units of study and electives begin.

Karen Lee  
Principal

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## **IMPORTANT COLLEGE DATES**

- 4<sup>th</sup> June (Mon) – Exam Week – Year 10/11
- 11<sup>th</sup> June (Mon) – Queen's Birthday Public Holiday
- 18<sup>th</sup> June (Mon) – Semester 2 Commences
- 25<sup>th</sup> – 29<sup>th</sup> June (Mon-Fri) – School Dental Visits
- 29<sup>th</sup> June (Fri) – Last Day Term 2

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## **NEWSLETTER**

# 6 – scheduled for week 11



## DEAF EDUCATION CENTRE (DEC)

The sun is beautiful when it is shining, but we are definitely starting to need our winter coats in the mornings.

Congratulations Brooke (Y9) who has joined the College Debating Team. They have recently competed against Woodleigh College and were successful, coming out with the win. The topic for debate was whether “we should have a 4 Day week?” ... *sounds pretty good to us*, how about you?

**Well done Brooke!**

This week we'd like to give a shout out to Jordan (Y8). Jordan always displays the school ASPIRE values and works hard in all his classes. He is always up for a laugh or two with the DEC staff. **Keep up the fantastic work Jordan!**

We are very excited to announce that both of our Year 10 students, **Emma and Rath**, have secured work experience for August. Emma will be riding off to a local Horse Stable to explore her passion for veterinary work. Rath will be kicking goals at the St Kilda Football Club schools program. We wish you all the best! We trust this experience will give you insight into your future career and open up great opportunities for the future.

**Semester Two** begins next week and the students are looking forward to changing over to the new electives. This will come with new work challenges but we know that they will all endeavour to do their best. This will provide a refreshing change until the winter holidays.

We are almost there, so let's keep up the great work.

DEC Staff – Lynnette, Sarah, Kathryn, Anne

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## ADMINISTRATION NEWS



Last Chance for  
**\$225**



### CSEF Applications Close 29<sup>th</sup> June 2018

If you have a current Health Care Card or Pension Card, you may be eligible for the Camps/Sport/Excursions Fund (CSEF) payment. Please collect an application form from the College, complete and return to us along with a copy of your card. Payment is \$225 per student for all students in all year levels from Year 7 to 12. This funding will be used towards excursions, camps and sporting activities run through the College.

## Payment of Essential Education Items

As requested by the College Board, all 'Essential Education Items' are required to be paid by our families. Payment of the 'Essential Education Items' charge is vital and relate directly to materials every student uses in the course of their day to day learning. The school relies on these payments to ensure we are able to fund the many educational programs on offer. We appreciate your continued support of the College

The fees for 2018 should already have been paid or a payment plan started. Family Statements have been posted to those families with outstanding fees and it would be appreciated if payment could be made as soon as possible. If you are unsure what is outstanding, please phone the Administration Office who are more than happy to assist you.

### Start Your Payment Plan Now

If you are unable to pay your College fees in full, we are more than happy to discuss the option of a payment plan. By doing this, it means you can make regular payments (weekly, fortnightly or monthly) at a cost that is affordable to you. It is advisable that you sign up to a payment plan early in the year so that your payments can be paid over a longer period of time and therefore making them more affordable to you. By signing up later in the year, your payment plan will of course be higher than it needs to be.

We have two options available:

1. **Centrepay:** If you receive family allowance or pension payments from Centrelink every fortnight, you can elect to have an amount deducted from your payment. This payment will come to us automatically every fortnight. There are no fees involved for you.
2. **Debit/Credit Card:** We will deduct the agreed amount through our EFTPOS facilities here at the College. All you need to do is provide your Credit Card number, Expiry Date and complete the Authority Form and we will do the rest.

If you would like to commence a payment plan, please feel free to call the College and speak with Erin Gray in our Administration Office, who can discuss the various options with you. PH: 5971 6000 today.

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## SCHOOL DENTAL VISIT

The School Dentist will be at Mount Erin College during the last week of Term 2, Monday 25<sup>th</sup> June – Friday 29<sup>th</sup> June. Consent forms have been sent home with students.

If you wish for your child to participate, all forms must be returned to the College **before Tuesday 19<sup>th</sup> June**. Extra forms are available in the Administration Office, if required. Contact the First Aid Office on 5971 6093 for any questions regarding the dental visit.

# DEBATING

On Tuesday 22<sup>nd</sup> of May, our debating teams competed at Toorak College.



Our Year 11 team (Tom B, Kanisha W-B and Sabrina A) competed against Woodleigh in their first 'secret topic' debate, preparing their speeches without technology in the hour before the competition.

Our Year 9 team (Brooke A, Adriel D F and Spencer M) explored the topic of whether we should implement a four-day working week, competing against Padua College. Both teams spoke extremely well and Mount Erin was victorious in both debates.

**A huge congratulations to all.**



# YEAR 7 HUMANITIES



This term in Year 7 Humanities, we have been learning about Geography. As part of our studies, we conducted fieldwork to assess the liveability of the community around Mount Erin. Students were looking at the features of the community that contribute to a safe and liveable space. Students were asked to record their observations and take photos as they made their way to Robinson's Road Park.



**ANSWER PAGE: 10**

1to9 Puzzle #180528 (Easy)

<input type="text"/>	<input type="text"/>	<input type="text"/>	16	
<input type="text"/>	1	<input type="text"/>	13	
<input type="text"/>	<input type="text"/>	<input type="text"/>	16	
↙	17	6	22	↘

Fill the cells with digits 1-9, using each digit only once, to match the given sums of rows, columns and diagonals.



## AUST. BOXING CHAMPIONSHIP



### CONGRATULATIONS TYLA M

In March this year Tyla M went to Perth to compete in the Under 19 Australian Boxing Championships. For the second year running Tyla was successful and came home with a gold medal. Tyla was also part of a team that won the best Australian under 17 team. Congratulations to Tyla on a fantastic achievement and we look forward to her future successes.

### NETBALL

On Thursday 31st May, Year 9's and 10's participated in Interschool Intermediate Netball at Jubilee Park. It was a long day with both A and B teams playing a total of 6 games across the day. It was a pleasure to take the girls, representing our school with pride and showing impeccable teamwork and sportsmanship across the day.



The B team won almost every game, unfortunately only losing against Frankston High School in the first round. Our A team will be going through to the next round after going undefeated all day and bringing home the flag. All of the girls were outstanding!

- Miss Beamish





## WILDCAT PROFILE

**Name:** Kobe M

**Form:** 11A

**Role:** Taylor McKessie

**Why did you want to be a part of 'High School Musical'?** I wanted to be a part of 'High School Musical' to gain a whole new experience, get to know more people and try something new. So far the production has been amazing and I couldn't be happier working with such a great cast.

**Highlight so far?** My highlight so far has got to be Miss Andrews' dramatic performances when characters of the cast can't make it to rehearsals, it is quite spectacular.



**Name:** Brayden P

**Form:** 7B

**Role:** Jock

**Why did you want to be a part of 'High School Musical'?**

My sister was in 'Grease' and she said it was a blast, so I thought that I should do it too.

**Highlight so far?** The people in the play are so nice and fun to be with.



**Name:** Madeline B

**Form:** 8C

**Role:** Thespian- Cathy

**Why did you want to be a part of 'High School Musical'?** I've loved performing on stage ever since I was little, and will take any chance I can get to gain experience in musical theatre. Also, I really enjoyed doing 'Grease' last year, and wanted to be in this year's show so I could do it again.

**Highlight so far?** I've loved doing my part in the Audition scene, because I get to make a fool of myself and make people laugh. Also, learning 'We're All in This Together' was awesome because it is my favourite song in the movie.



## EAST HIGH UPDATE



We've done it! We have finally gone through all the scenes! Now all that needs to be done is mastering them to perfection. We've all worked super hard and even finished a scene ahead of schedule, which gave us more time to smooth it out. The songs are sounding great and the choreography is looking amazing. My personal favourite scene to work on (and the most challenging, in a good way of course) was definitely the 'We're All In This Together' reprise scene. The moves are so fun to work on and so far, it's looking fantastic! I'm so excited to see the end results. There's still a lot of work to be done but I'm sure we can get this done in no time! We all hope everyone can make it to our shows and see that all of our hard work pays off!

*Amelia H 9C and Alexis D 9D*



# Indonesian Week

Indonesian week was held from the 21<sup>st</sup> – 25<sup>th</sup> of May. During this week students were able to participate in a range of activities including prawn cracker eating competitions, martial arts workshops and dance workshops.



## PENCAK SILAT



On Tuesday 22<sup>nd</sup> May, we learnt about Pencak Silat. It was an incursion ran by Pak Mick and Ibu Putri. They explained and demonstrated how to do Pencak Silat. It is a traditional form of martial arts in Indonesia based around self-defence to protect yourself or others. It also teaches us to be cautious of our surroundings and to get out of danger.

This martial arts form is more than something like Karate, where there are competitions to fight. It is a way of music, art and martial arts combined into one. It can be a dance or performance routine, as well as music, using a gong and traditional drums.



We got the chance to play some music using the instruments and we also learnt some moves of Pencak Silat. Overall it was a great experience and we learnt many things including its origin and more! I, and I'm sure many others, enjoyed the experience and were glad we didn't miss it! **By Lewis P - 7A**

## SAMAN DANCE

During Indonesian Week, we were lucky enough to watch and perform a type of Indonesian dance called, Saman. This is a traditional dance from Aceh, in the island of Sumatra and is made up of body percussion, using our hands to produce sound. We were allowed to watch a series of dances first. The dancers dressed up in a beautiful array of green and red traditional clothing. Then, we were taught a few basic moves, when put together made up a dance. Saman told stories mostly about the nature and history of Aceh, portrayed through the type of dance move. It was an exciting and enjoyable experience and all of us had a go at the dance. **By Ancelin 8A**



## STAFF PROFILE

# JOY JAMIESON

### FOOD TECHNOLOGY TEACHER



**Describe your current role at Mount Erin College.** I teach Year 7-10 Food Technology and am also a Year 8 Home Group teacher.

**What is your background in education?** I have been teaching for 30 + years. I studied at RMIT and taught at two schools prior to Mount Erin College.

**Which things do you enjoy most about working at Mount Erin College?** The staff are very supportive at this school and are willing to help in any circumstance. The students want to succeed and as they go through the school they more and more embody the ASPIRE Values.

**What has been your highlight so far this year?** The Athletics Day at Ballam Park. I love how students and staff get involved in the day.

**Tell us about your hobbies or passion outside of school.**

I go to Pilates every week and enjoy a good walk.

**Do you have a message you would like to share with the school community?** Never give up on your dreams. They do become reality 😊



Earlier in the school year Mrs. Lee announced that two of our parents Jenny Ballard and Lisa Amalfi-Chiera were part of the executive for Parents Victoria. Over the past few months both of these deeply passionate women have been working hard to learn new skills in parent advocacy.

In rather exciting news via these two passionate parents of our school community, Parent's Victoria have just informed Mount Erin College, that Dr. Debbie Pusher from the University of Saskatchewan, Canada, is the keynote speaker at this years' Parents Victoria Conference in August. Dr. Pusher is a leading researcher and practitioner for Parent Engagement within schools a key contributor from shifting the language from *Parent Involvement* to *Parent Engagement*.

Dr. Pusher has trained as a teacher, and a principal in Canada. She understands that schools who have parents who are engaged within their children's school community have more resources to



utilise, better academic results and greater student attendance. This is especially important within schools that have a diverse cultural and social economic income levels. Parent Engagement is an essential part of the building student readiness to attend University, TAFE, or other positive pathways programs such as a traineeship, apprenticeship or other job ready programs.

As a school community we look forward to hearing more about the wonderful research from Dr. Pusher and, Parents Victoria from both Jenny and Lisa.

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## CAREERS EXPO EXCURSION

### YEAR 11 AND 12

The Year 11 and 12 students all took part in the Mornington Peninsula Careers Expo at Hastings Hub on the 22<sup>nd</sup> of May. Upon arrival, we were greeted by representatives of major universities and other tertiary institutions. They included University of Melbourne, Deakin University, Monash University, JMC, VFA and some industry providers, including Endota. With plenty of different stalls to go and explore, everyone was able to find something that suited their needs and aspirations for future endeavours. There were also a number of free presentations available, including a talk from the Defence Force.



These stalls also provided many free giveaways which gave us all a thrill. Along with the stalls, there were many hands on activities to keep us active and engaged. To top it off, a sausage sizzle was provided which once the snags became free, was the most popular stall of all. Despite the inclement weather, everyone had a great day!



Many thanks to our Careers Team, Ms Christine Wood and Ms Caro Baring, for organising the day. We would like to also thank Mr Michael Caspar, Mrs Fiona Tonizzo, Ms Leah Olsen, Ms Lisa Pizzol, Mr Chris Sacco and Ms Hannah McKinlay for giving up their time and attending, with the Year 11 and 12 cohorts.

**Jordan D - Year 12 College Captain**

## CAREERS NEWS

### Prerequisites and Choosing Your Senior Studies for 2019

Are you in Year 10 or 11 and need to find which VCE subjects are required for entry into your preferred University course? Use the VTAC Prerequisite checker – you can put in your whole VCE program or just one subject.



<https://delta.vtac.edu.au//CourseSearch/prerequisiteplanner.htm>

### School Holiday Information Sessions for Senior Students

#### Deakin University Inspire Day – Years 10-12

Tuesday 3<sup>rd</sup> July at the Burwood campus (during School holidays) – register at:

<https://deakin.edu.au/deakinInspire>

Features – attend course specific workshops, speakers and campus tours, meet teaching staff.

#### Monash University – Year 10 Discovery Day

Wednesday 4<sup>th</sup> July during the School holidays

More information in the next newsletter

#### ACU Experience Day

Tuesday 3<sup>rd</sup> July

Register at:

[http://www.acu.edu.au/student\\_experience/student\\_life/experience\\_uni\\_before\\_you\\_start/university\\_experience](http://www.acu.edu.au/student_experience/student_life/experience_uni_before_you_start/university_experience)

#### La Trobe University Experience Day

Friday 6<sup>th</sup> July at the Bundoora (Melbourne) Campus

<https://www.latrobe.edu.au/study/life/events/experience-clever/experience-clever-melbourne-winter>

#### RMIT Experience Surveying

Thursday 5<sup>th</sup> July 2-3pm at Yarra Bend Park. Registration is essential.

<https://www.rmit.edu.au/events/all-events/workshops/2018/july/experience-surveying-at-yarra-bend-park>

### Inside Monash Seminars – VCE students

Monash University offers a series of evening course information sessions Register now at:

<https://www.monash.edu/inside-monash>

Sessions for June/July are from 6.30-8.00pm as follows:

NURSING - Wednesday 6<sup>th</sup> June at Peninsula campus

PSYCHOLOGY – Wednesday 20<sup>th</sup> June at Clayton campus

BUSINESS – Thursday 21<sup>st</sup> June at the city campus – Collins St, Melbourne

SCIENCE – Thursday 12<sup>th</sup> July at Clayton campus

### ADF GAP year 2018



Places are now filling fast for the ADF Gap Year 2019, so get your applications in! Gap year is a unique opportunity to try out a career in Navy, Army or Air Force and get a feel for the military life without committing for a longer period. The website is

<https://www.defencejobs.gov.au/students-and-education/gap-year/>



**AUSTRALIAN ARMY CADETS**  
36 ACU - FRANKSTON

Australian Defence Force Cadet Depot, 35 Robinsons Rd Frankston,  
PO BOX 4030 Frankston VIC 3199 Email: 36acu@cadetnet.gov.au Phone: (03) 5971 3279



### RECRUITING INFORMATION NIGHT

*The Australian Army Cadets is a leading youth leadership organisation. Cadets is about learning new skills, challenging your self, making new friends, having fun all in a military setting!*

As an Army Cadet you will pick up many attributes which you will be able to take with you through the rest of your lives! To name a few:

- \* Leadership
- \* Confidence
- \* Courage
- \* Teamwork
- \* Discipline
- \* Mateship
- \* Initiative
- \* Respect

You will also be taught different skills which are relevant to the Army itself such as:

- \* Drill
- \* First Aid
- \* Fieldcraft
- \* Marksmanship
- \* Navigation
- \* Signals
- \* Engineering
- \* Robotics
- \* Safe weapon handling

Sounds great doesn't it!  
So why not come on down to our information night and see 36ACU cadets showing these skills.

**Eligibility for Enrolment**

- a) Be between the age of 13 (and in year 9) - up to 17 years old.
- b) Be and Australian resident.
- c) Be physically and psychologically able to participate in cadets activities
- d) Not be a member of the Australian Navy Cadets or the Australian Air Force Cadets, or the Australian Air Force
- e) Be available to attend 80% or more of the activities conducted by the Army Cadet Unit that they wish to join.
- f) Agree to abide by the AAC Code of Conduct
- g) Complete the application form and all documentation required by the AAC and.
- h) Have their application accepted by the Army Cadet Unit Officer Commanding.

**When**  
Thursday 19th JUL 2018 1900 Hrs (7pm)

**Where**  
Australian Defence Force Cadet Depot  
35 Robinsons Road, Frankston (Mel. Ref. 102 J10)  
Ph: (03) 5971 3279 Email: 36acu@cadetnet.gov.au

COURAGE - INITIATIVE - TEAMWORK - RESPECT

## MATHS SOLUTION:

1to9 Puzzle #180528 (Easy)

8 <sub>a</sub>	2 <sub>b</sub>	6 <sub>c</sub>	16
5 <sub>d</sub>	1 <sub>e</sub>	7 <sub>f</sub>	13
4 <sub>g</sub>	3 <sub>h</sub>	9 <sub>i</sub>	16
17	6	22	

**Solution**

In *aei*-Diagonal,  $\{a,i\}=\{8,9\}$ ,  
 $i \neq 8$  (Right-Column sum cannot be made without 9),  $i = 9, a = 8$ ;

=> In Right-Column,  $\{c,f\}=\{6,7\}$ ,  
 $c \neq 7$  (leads to  $b=1=e$ ),  $c = 6$ ;

Rest easily follows.

**Growing Good Gardens Grants**





MOUNT ERIN COLLEGE  
ENVIRONMENTAL GROUP



Life EDUCATION Yates

Yates and Life Education have teamed up. Together they have created the "Growing Good Gardens Grant." Schools, Pre-Schools and Community groups are all invited to apply for 1 of 15 \$1000.00 grants. Over the last few weeks the Environmental Group has been exploring ways that Mount Erin could apply for this grant.

Early this week the Environmental Group discovered that both Mrs. Townsend and Ms. Baring are also working to apply for the "Growing Good Gardens Grant." Everyone has joined together to work on this application, with the goal of creating a lovely fruit and vegetable patch that students can use.

This is an exciting step for the parents and community members involved with the Environmental Group. We are

beginning to support staff and students in a creative, fun, program that has lots of life skills we all can utilise as a college community. Maybe our students can cook some yummy meals.

The only thing the Environmental Group is left wondering: "What will the students decide to call this veggie patch?"

## SUSTAINABILITY NEWS



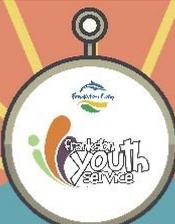
### COMPETITION TIME

#### NAME OUR VEGETABLE GARDEN

It's time to ramp up our Vegetable Garden so that we have a healthy garden space, grow our own vegetables and learn healthy habits. We need your help! To create this healthy garden space – the starting point is to name it. Give us your motivational ideas of names for our Veggie Patch. We need your help to. Inspire us and future generations with name ideas. And yes ... you know what the next competition is going to be don't you, yep, design a sign with our brand new inspirational name! Get your thinking caps on!

Forms can be obtained from: Caro – Careers Office. Fill in the form and pop it in the box – put in as many entries as you like!

**Competition Closes 12th June 2018.**



PRESENTS

# Meet your Youth Mayor

NETWORKING & AFTERNOON TEA

THURSDAY JUNE 21, 2018  
FRANKSTON YOUTH SERVICES

3:30 - 4:00 PM (MINGLING & AFTERNOON TEA)  
4:00PM - 4:45PM (ONE ON ONE CHATS WITH THE YOUTH MAYOR GERARD FELIPE)



Are you aged between 12 - 24 years old? What ideas do you have for your community? Share with the Mayor!

## MEC CHOIR 'TAKE NOTE'

CONGRATULATIONS to the MEC Choir "Take Note" who performed to over 300 people at the Mornington Peninsula Choral Festival 2018 at Toorak College on Thursday 31<sup>st</sup> May. There were some fantastic performances from local schools including Mornington Secondary, Red Hill Primary and Frankston Heights Primary Schools to name a few.



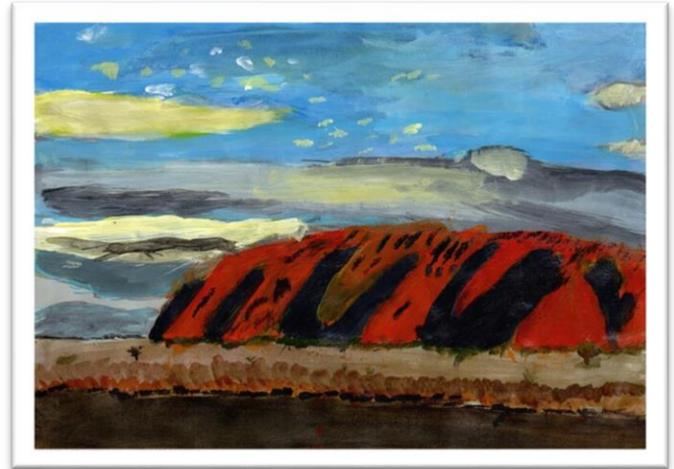
Performing the songs 'Flashlight' from the movie Pitch Perfect 2 and 'Photograph' by Ed Sheeran, the choir sang their hearts out. We had such a good turn-out of students which was fantastic.



Thank you so much to Maggie Doyle for leading the choir, Mary Whelan and Sarah Parker for coming to the event and to our pianist on the night – Peter S.

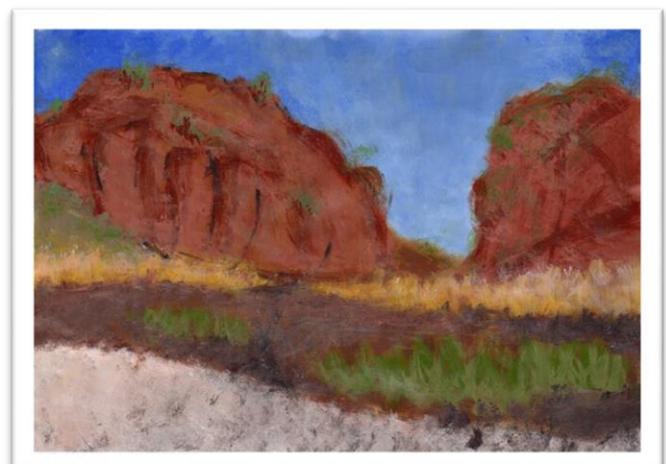
## KARINGAL HUB

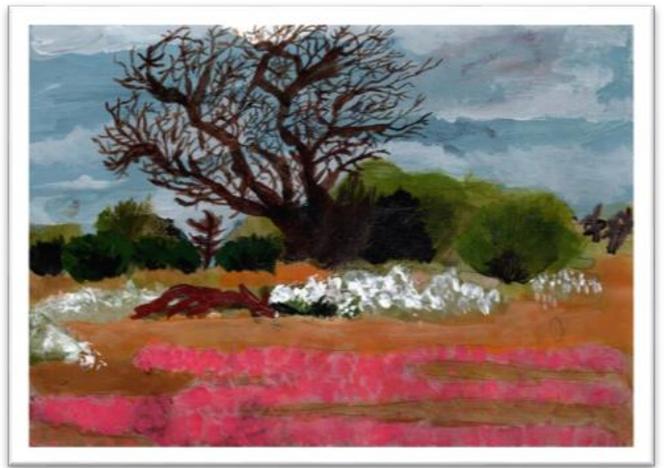
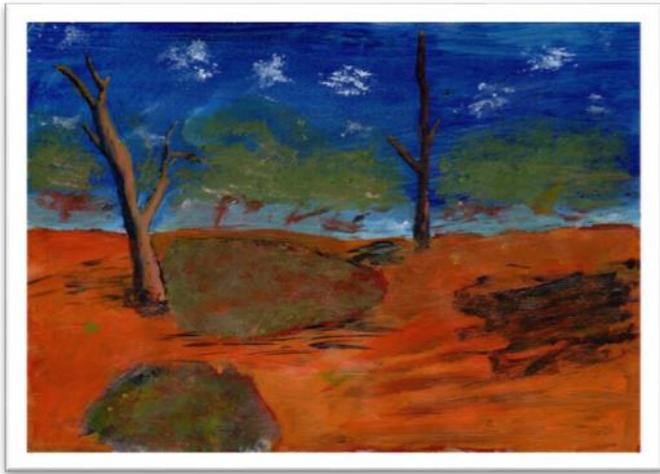
To showcase our wonderful music program, our students performed for our local community at Karingal Hub Shopping Centre. This is greatly enriched by celebrating the arts through inter-generational events.



## ARTS ACADEMY PREVIEW NIGHT

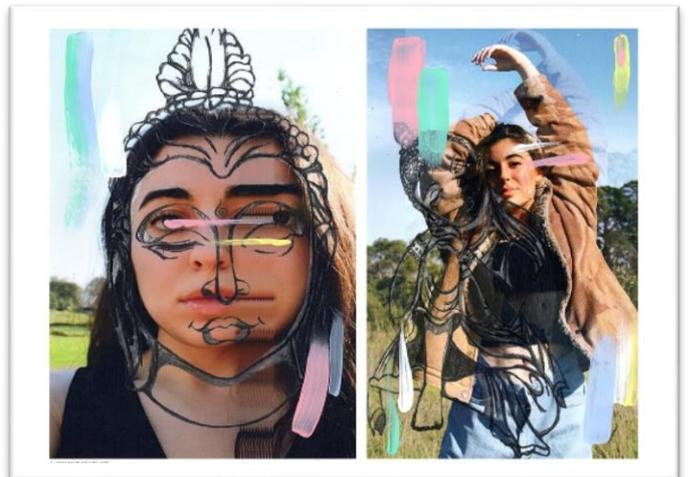
The Arts Academy will be holding a 'preview night' on Thursday the 7th of June. These beautiful Australian landscape paintings by our talented Year 7 class will be a part of the Visual Arts Exhibition on show.





## VCE ART – UNIT 3

The Year 12 VCE Art students have just completed their UNIT 3 practical work. Part of this study takes place in their Art Journals. This is where they explore concepts and materials that ultimately lead to the production of a final artwork. Here are a few of the amazingly creative artworks that were the culmination of their hard work in semester one.



# HOW TO SUPPORT

## IF YOUR CHILD IS BEING BULLIED

Teenagers and  
**BULLYING  
BEHAVIOUR**

**HOW TO SUPPORT IF YOUR  
CHILD IS BEING BULLIED:**

- ▶ Tell them that bullying is never okay, and reassure them that it's not their fault.
- ▶ Find out what, when and where the bullying occurred and who was involved.
- ▶ Discuss ways to stop giving power to the person doing the bullying. For example, by walking away, or ignoring them and their behaviour.
- ▶ Reassure them that you will help to stop the bullying from continuing. It can be helpful to discuss any personal experiences you've had with bullying behaviour and how you dealt with it.
- ▶ Familiarise yourself with the school's anti-bullying policy and procedures.
- ▶ Contact the school to ensure that teachers are aware of the problem, and work out a plan with them for how to address it.

**DON'T FORGET:**

- ▶ Be calm so you have the headspace to deal with the conversation. 'Going off' can make everyone more upset.
- ▶ Don't ever suggest retaliation as a response to bullying (because it doesn't work).

Learn more [parents.au.reachout.com/bullying](https://parents.au.reachout.com/bullying)

About ReachOut Australia  
ReachOut is Australia's leading online mental health organisation for young people and their parents. Our practical support, tools and tips help young people get through anything from everyday issues to tough times – and the information we offer parents makes it easier for them to help their teenagers, too.

## IF YOU THINK YOUR CHILD IS SHOWING BULLYING BEHAVIOURS

Teenagers and  
**BULLYING  
BEHAVIOUR**

**HOW TO SUPPORT IF YOU THINK YOUR CHILD  
IS SHOWING BULLYING BEHAVIOURS:**

- ▶ Ask them about it. Were they aware of what they're doing and that it's unacceptable? Try and get them to do the talking. Listen carefully and try not to jump to conclusions or judgements.
- ▶ Show your concern for the person who is being bullied, and support your child to 'take a walk in their shoes.' Ask them to imagine how it would feel if one of their friends acted like that towards them, and talk through that without shaming them.
- ▶ Ask them what they would like to do next. If they can't come up with anything, ask whether they think starting with an apology might be helpful. Figure out how that apology will happen, i.e. in person, via email or through a meeting with a teacher.
- ▶ Report the problem to the school, and work with teachers to develop a plan to prevent it from happening again.

**DON'T FORGET:**

- ▶ Don't chat when tensions are running high.
- ▶ Set expectations at home by role-modelling respectful behaviour.

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Educators are often asked “What can students do to improve their success and growth in understanding at school?”

Here are many measures that students can directly be responsible for and if they increase or improve on these statistics generally a significant growth in understanding should be evident.

